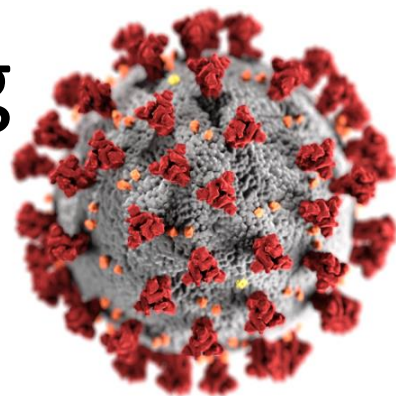


# Return to Ringing



As restrictions relating to Covid-19 are gradually released, opportunities to start ringing again will present themselves. In support of this, the only important advice we can offer is to do all we can to stay safe.

There is no point in repeating what others have said except to point out a few useful links:

[Central Council](#)

[Association of Ringing Teachers](#)

[Oxford Diocesan Guild](#)

[MK Council](#)

There are a few things we can do locally:

**Pre-ringing checks of our bells and towers.** You can mostly do these yourself but if you want a second opinion then get in touch.

**Refresher sessions for ringers** who haven't rung for over a year.

Again, these can be organised locally but if you want to bring in an "expert" to help we will try to organise one.

**RinginRoom** has become a popular option for learning methods. If you feel a need to refresh your repertoire virtually then get in touch.

**Assessment of air refresh rate** in ringing rooms. This is a measurement that is being developed by the Central Council that is intended to provide reassurance to ringers, incumbents, churchwardens and PCC's.

If you would like to follow up on any of these, please get in touch with [Doug Hird](#).